This is not your average spiritual-fiction novel. When The Wait Gets Too Heavy, was written for the person who is contemplating a commitment to God but wants to hold on their freedom. It was written for the Christian who is questioning their level of faith and not sure if they fit in well enough in the church. A person who feels that they have stumbled off the straight line of obedience and wondering if it is worth the effort to get back on track may also enjoy this message.

Although it is fiction, it is filled with real-life situations and scenarios used to convey strong messages regarding faith, business, finances and relationships. Just as in real-life this novel contains colorful language and mature scenes, and while the messages are universal I would recommend this for readers 16 years old and older.